

Quit Smoking Clinic

Did you know...

*Haldimand has one of the highest
smoking rates in the province of
Ontario? Whether you are thinking
about quitting, ready to quit,, or not
ready but would like some information
the quit smoking clinic can provide
you with support.*



Haldimand
War Memorial
Hospital

EMBRACING THE HEALTH AND HEARTS OF THE COMMUNITY

Quit Smoking Clinic

206 John Street
Dunnville, Ontario
N1A 2P7

Phone: (905) 774-7431
Ext. 1357

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Haldimand
War Memorial
Hospital



Quit Smoking Clinic— HWMH

Services for those thinking about quitting or ready to quit

The quit smoking clinic at the Haldimand War Memorial Hospital in Dunnville provides a range of services for those who are thinking about quitting or are ready to quit smoking. This service includes an in-depth smoking assessment, individualized plan of care, and follow up visits to provide health teaching and support. The service is provided in a one to one counselling format, in order to support any attempt to quit or reduce the use of tobacco products.

Services for those not ready to quit

Even those who are not ready to quit think about quitting or reducing smoking at some point.

The clinic can provide those who are not ready to quit with a safe place to discuss their current tobacco use in a non-judgmental environment.

Services for those who live with someone who uses tobacco

According to the Canadian Cancer Society the decision to quit smoking must be made by the smoker, for their own reasons and in their own time—not because they are being pressured from the outside. You can't do it for them, but you can help make the quitting process a little easier. The clinic can provide you with practical advice and resources in order to support and encourage your loved one.

How to book an appointment at the clinic

It's easy! Call the number found below or on and leave a message with your name and phone number and indicate the best time to reach you. The clinic will call you to arrange your appointment. Evening and weekend appointments can also be arranged.

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