

HeartBeats

A Quarterly Newsletter from Haldimand War Memorial Hospital & Edgewater Gardens Summer 2018

A Gift to Honour Dr. Kenneth Mustard

The name of the hospital's Operating Room is now the "Dr. Kenneth Mustard Family Operating Room." The designation happened in early June during a special ceremony and reception.

The renaming of the OR occurred after the Mustard Family made a generous donation towards the construction of the new Emergency Department at Haldimand War Memorial Hospital, in honour of their husband, father and grandfather, Dr. Kenneth Mustard.

Dr. Mustard was the general surgeon of the hospital for 33 years, beginning in 1963, and his wife Beverley has been a member of the volunteer association for more than 50 years. They are long-time residents of Dunnville and raised their three sons – Kevin, Glen and Robert – in the town.

The extended Mustard family was in attendance for the ceremony and reception, which included a tour of the Operating Room.

"Our dad's work at the hospital was central



Dr. Kenneth Mustard (centre) with his wife Beverley (at left), and their children and grandchildren during the dedication of the Dr. Kenneth Mustard Family Operating Room.

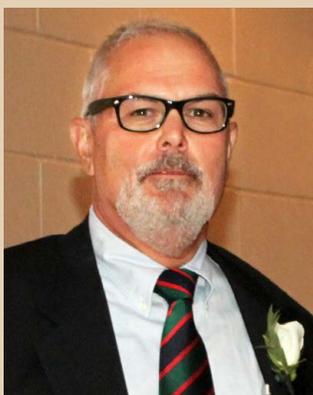
to his life and central to our entire family's life," says Rob Mustard. "He made himself available 24/7 in pursuing something he truly loved – caring for the sick and the injured. To this day, he remains well known in the community amongst past patients and their families."

Rob says the family made what he calls an "easy decision" to give back to the hospital during its major fund-raising drive.

To acknowledge this major gift, the hospital decided to name the operating room after Dr. Mustard and his family.

"We are very pleased that our dad is being honoured in this way to recognize his service to the community," says Glen Mustard.

"Haldimand War Memorial Hospital is extremely grateful for this generous donation from the Mustard family," says president and CEO David Montgomery. "The fact that this gift is being made in honour of Dr. Mustard during his lifetime is particularly noteworthy. He gave so much to us during his surgical practice here, and we're overwhelmed that he and his family have chosen to continue to support our hospital in such a significant way."



Perry Barnhart

Annual Message from the Board Chair

This past 2017-2018 fiscal year has been particularly active and exciting for the Board of Directors of Haldimand War Memorial Hospital and Edgewater Gardens. Most visible has been the construction of our new and expanded Emergency Department, with construction scheduled to be completed this October, and planning underway for a second phase of the project – a new outpatient village.

We have also applied to expand the long-term care services offered at Edgewater Gardens. We've asked the Ministry of Health to consider giving us 66 new beds to complement our 64 existing beds and cut down the long list of patients in Haldimand County waiting for placement.

We were particularly pleased to receive "Accreditation with Exemplary Status" for our hospital and Edgewater from the organization that surveys the quality of health and social service providers across Canada.

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Annual Message from the Board Chair

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On the fiscal and quality front, many of the recommendations from our voluntary Operational Review are being put in place to decrease costs, increase revenues and enhance the care provided to our patients and residents.

Your hospital's Board of Directors have also taken a look at ourselves and our senior management team over the past year. We conducted our first board peer self-assessment, whereby each board member provides comments and suggestions about other board members in order that we each can continuously improve our own performance. We also developed an executive compensation framework – which was approved by the Ministry of Health – to ensure our senior executives were compensated appropriately in comparison to their peers at other hospitals.

We have said thank you and goodbye to some of our valued employees and medical staff, and welcomed others. The details of these comings and goings have been shared with you in these HeartBeats newsletters.

On behalf of the board, I wish to extend my sincere thanks and appreciation to every employee and medical staff member whose care and compassion makes HWMH and Edgewater such special places, along with the members of the Volunteer Association and the Dunnville Hospital & Healthcare Foundation for their continuing support.

A special thanks goes out to the members of the senior management team for their information and guidance this past year, and to Jennifer Miller, executive assistant to the president and CEO. She is a tremendous resource to the board – always able to get us what we need no matter when we ask for it.

Finally, I would like to personally like to thank my fellow board members for the trust and confidence they have placed in me in my role as board chair for 2017-2018. I very much appreciate your support and look forward to another tremendous year ahead.

Perry Barnhart
Board Chair

Staying Safe in the Water This Summer

Hundreds of people die by drowning in Canada each year and with summer activities frequently happening on or near water, it's important for people to know how drowning happens, which people are most affected and how to prevent these water-related tragedies.

The Lifesaving Society Canada notes that over the five years from 2011 through 2015, 76 per cent of victims were male, 71 per cent were aged 20 and over, and more than 90 per cent of drownings happened when people were not wearing a floatation device – such as a lifejacket – when either swimming or boating.

Statistics show that people who swim or boat alone and those who have consumed alcohol are also at greater risk of drowning. New Canadians are also more likely to drown than people born here in Canada.

Dr. Jeff Remington, chief of the Emergency Department at HWMH and a certified lifeguard, says prevention is key when it comes to water safety. He stresses that “people need to have a very healthy respect for water,” and urges all children and adults to take lessons to become strong swimmers and learn water safety.

Dr. Remington says he expects to see a few drowning and near-drowning cases in the hospital Emergency Department this summer, as usual, noting that drowning victims are typically inexperienced swimmers or experienced swimmers with bad judgment.

Common situations will involve people who swim or go boating alone, who don't wear lifejackets, and/or who have consumed alcohol before going in or near the water. Dr. Remington says a typical scenario would be a person who considers himself a good swimmer and goes fishing in a boat alone without a lifejacket.

“If for some reason the boat capsizes and hits a person in the head – or something else like a paddle hits him – and he's unconscious then he's not coming out of the water alive,” he says. “A lifejacket that's properly worn will float an unconscious person face up in the water.”

“It takes being under water for as little as 30 seconds to drown,” Dr. Remington notes.

Most communities offer both private and publicly operated swimming lessons.



Honouring the Work of Volunteers

Members of the hospital's volunteer association were honoured during a luncheon last April at the Dunnville Community Lifespan Centre.

EMPLOYEE PROFILE

Tom Dorland Goes Above & Beyond

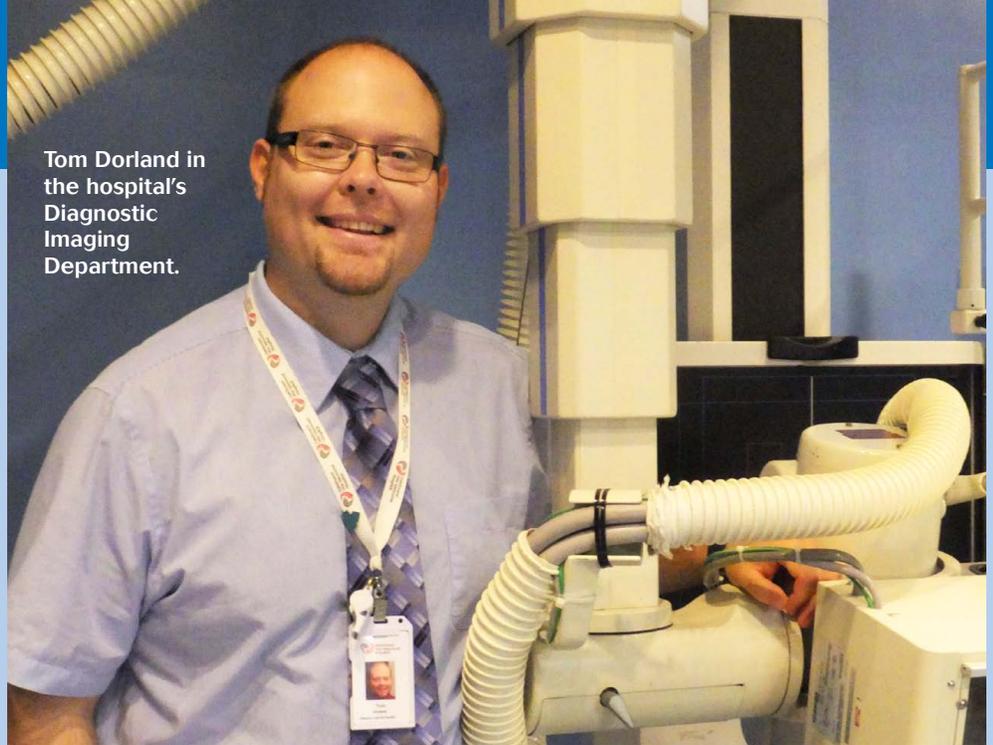
Tom Dorland has only been working full-time at HWMH for three years, but he has already distinguished himself as an outstanding employee. Tom was the recipient of the Above & Beyond Award during the hospital and Edgewater's annual awards dinner last May.

As the director of Diagnostic Imaging, Laboratory and Quality, "he has a challenging list of priorities – from patient care to financial constraints to technological barriers and quality improvement – but he chooses to meet them head on, and is persistent in working to resolve them," says president and CEO David Montgomery. "He is literally doing a job that used to be done by three people.

"You also won't find a nicer guy," David adds.

Prior to joining HWMH, Tom worked as a lab technologist at Credit Valley Hospital, West Lincoln Memorial Hospital, and the Hamilton General and Juravinski hospitals. He then became the quality specialist for all lab sites in Hamilton.

Tom enjoys being at HWMH and "being able to work in the community where you



Tom Dorland in the hospital's Diagnostic Imaging Department.

live and raise your family, volunteer, and get involved in school and sports activities," he says.

His wife Cara is a radiation therapist at the Walker Family Cancer Centre in St. Catharines. The couple live on Cara's family farm in Canfield, along with their children Brennen, 10, Ethan, 8, Kaitlyn, 6, and a horse, six chickens and five goats.

Tom says he is pleased to be a part of the team at HWMH. "This entire organization is filled with people who are dedicated to support patients and the community we live in," he says. "There's a real sense of

community here and shared values to do great work."

He adds that another benefit of working in a small community hospital is that things happen much more quickly than in a larger city hospital. This means quickly addressing needs, concerns and issues that can arise in the course of a work day.

In his spare time, Tom enjoys working on the family hobby farm, gardening and enjoying time with his family – being involved in such activities as sailing, camping, canoeing and skating on the backyard ice rink.



Revisiting Canada's Wartime Past

A group of residents from Edgewater Gardens went on an excursion last April to see and learn about the exhibits in the Canadian Warplane Heritage Museum.



Some New Feathered Friends

Four egg-laying chickens have become part of the family at Edgewater Gardens. Among the residents caring for the birds in the courtyard are Ken Hare (left) and Sam Sardo.

DUNNVILLE HOSPITAL & HEALTHCARE FOUNDATION NEWS



Foundation board chair Karen Tilstra gets some help signing a beam for the hospital's new ER from her grandson Jax Feenstra.

Getting Close to \$2 Million

The Dunnville Hospital & Healthcare Foundation's "Every Moment Counts" campaign is now approaching the \$2 million mark in its \$3 million fund-raising goal for the hospital's new Emergency Department.

The foundation celebrated reaching the halfway mark in the campaign last March with a "Beam Signing" event. This event drew nearly 400 members of the Haldimand County community to leave their signature on a structural beam to be installed in new ER, and to enjoy a free Tim Horton's coffee.

Foundation board chair Karen Tilstra says she was thrilled to see many families with young children out for the event, which included face painting and an opportunity for the kids to bring their stuffed toys for a checkup with Haldimand paramedics. She says she hopes the children will remember their attendance at this special event when they're older.

"We're doing this for future generations," Karen said. "The community spirit and outpouring of generosity from families, businesses and organizations has been very exciting and overwhelming. We are so grateful for every gift."

The campaign team continues to meet with donors interested in supporting the Emergency Department and contributing to the health of the local community. There remain several naming opportunities available within the Emergency Department, including opportunities to name treatment rooms and even the building itself.

There are many other ways to get involved in the campaign, including the "Ride, Run or Walk for Your Hospital" event on Saturday, September 22, 2018. To stay updated on the progress of the "Every Moment Counts" campaign or to get involved email campaign@dhhf.ca or visit www.dhhf.ca.

Long-Service Award Recipients

35 YEARS

Carol Hall

30 YEARS

Vicky Campbell

Denise Klunder

Jackie Disher

15 YEARS

Miranda Draper

10 YEARS

HWMH:

Helga Danielson

B.J. Phibbs

Marissa Booker

Sue Charters

Edgewater Gardens:

Andrea McLachlan

Lisa Sutton

Kendra Domanico

Special Awards

Excellence in Values Award

Barb Traver, HWMH

Carolyn Taylor, Edgewater

Above & Beyond Award

Tom Dorland

Innovation Award

Lynn Holland

Newcomer of the Year

Karen Park, HWMH

Angela Day, Edgewater

Welcome New Staff

HOSPITAL

Selina Duffney – RN

Jennifer Trebble –

Health Records Technician

Shawnee Henry – PSW

Kenton Taylor – RPN

Amanda Reid – PSW

Byron Horinga – PSW

Ellysia Paschert – RPN

Victoria Maxwell – RN

Danielle Smith –

Grounds Keeper Student

Darby Fuller – RPN

(Temporary)

Elizabeth Balogh – PSW

Drake Rainville – RPN

Nicole Hazell – RN

Diane Beasley – Dietary Aide/Cook

Kate Grzelak – Dietary Aide

EDGEWATER

Tyanna Passmore – PSW

Byron Horinga – PSW

(also at the hospital)

Nicole Huitema – RN

Larissa Bos – PSW

Marilou Enterina – PSW

Amanda Reid – PSW

(also at the hospital)

Patricia King – PSW

Samantha McMahon – Healthcare

Admin. Assistant Student

Annie Duffie – Therapeutic Rec.

Student



Dr. Neil Howatt



Dr. Saif Kobah

New Docs Join HWMH Team

Surgeon Dr. Neil Howatt (left) and family physician Dr. Saif Kobah have joined the medical staff at HWMH. Dr. Howatt most recently worked at hospitals in the Ottawa area and Dr. Kobah comes to the hospital after practicing medicine in Newfoundland.



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